

Therapeutic Guidelines 40 years of Antibiotic Guidelines Anniversary Seminar



New approaches to fighting antimicrobial resistance

Prof. M. Lindsay Grayson

Infectious Diseases & Microbiology Department, Austin Health, Melbourne Director, Hand Hygiene Australia Department of Medicine, University of Melbourne









Conflict of Interest Disclosures

Funding:

- Australian Commission on Safety & Quality in Health Care
- Australian National Health & Medical Research Council (NHMRC)
- Dept. of Health, Victoria, Australia
- Director, Hand Hygiene Australia





Overview

- A "view from Mars" of the current situation
- The 4 "pillars" of AMR control
- Need for a new approach ("rules") in:
 - Antimicrobial stewardship
 - AMR surveillance
 - New drug development
- Predicting the future of the Antibiotic Guidelines



























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- Pre-1940s no Antibiotics
- Wonder drugs invented
- Within 70 years (2-3 human generations) antibiotics misused
- Rapidly emerging multi-drug resistance in common infections:
 - Skin infections "Golden staph" (MRSA)
 - Pneumonia, urinary tract, STDs
 - Diarrhoea Salmonella, Campylobacter, VRE
 - Tuberculosis XDR-TB









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Oolden staph (mixsr)

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This can't be right!

No-one could be so completely stupid!

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tract, STDs ella, Campylobacter, VRE R-TB





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WHO and CDC Four "pillars" of AMR control

- 1. Improve Infection Prevention and Control
- 2. Practical Antimicrobial Stewardship
- 3. Improve AMR surveillance and outbreak response
- 4. Research and Development
 - Rapid diagnostics
 - New antimicrobial development
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Basics of controlling Superbugs

- 1. Limit emergence of new MDR pathogens
- 2. Limit transmission of existing MDR pathogens





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Creating an Infection Control "Fire-break"





Creating an Infection Control "Fire-break"









Guidelines on Core Components of Infection Prevention and Control Programmes at the National and Acute Health Care Facility Level

World Health Organization



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Guidelines on Core Components of Infection Prevention and Control **Programmes** at the National and Acute Health Care Facility Level

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The solution:

Controlling AMR in Hospitals 4 Key Infection Control Interventions

National standards for:

- 1. Hand Hygiene
- 2. Hospital cleaning
- 3. Invasive device insertion and maintenance
- 4. Improved hospital design









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5 Moments for HAND HYGIENE



AUSTRALIANCOMMISSIONON SAFETYANDQUALITYINHEALTHCARE



Articles

Effects of the Australian National Hand Hygiene Initiative after 8 years on infection control practices, health-care worker education, and clinical outcomes: a longitudinal study



M Lindsay Grayson, Andrew J Stewardson, Philip L Russo, Kate E Ryan, Karen L Olsen, Sally M Havers, Susan Greiq, Marilyn Cruickshank, on behalf of Hand Hygiene Australia and the National Hand Hygiene Initiative

Summary

Background The National Hand Hygiene Initiative (NHHI) is a standardised culture-change programme based on the Lancet Infect Dis 2018 WHO My 5 Moments for Hand Hygiene approach to improve hand hygiene compliance among Australian healthcare workers and reduce the risk of health-care-associated infections. We analysed its effectiveness.

Published Online September 28, 2018 http://dx.doi.org/10.1016/

51473-3099(18)30491-2

Methods In this longitudinal study we assessed outcomes of the NHHL for the 8 years after implementation (between



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Australian NHHI participation – Private and Public

Period 1, 2009 – Period 2, 2017



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Australian NHHI participation – Private and Public

Period 1, 2009 – Period 2, 2017



Hand Hygiene Performance: Hospitals 70% benchmark Period 2, 2010 – Period 2, 2017



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Hand Hygiene Performance: Hospitals 80% benchmark Period 2, 2010 – Period 2, 2017





Dashed line indicates proportion of organisations "similar" or "above" benchmark

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Changes in HHC per 5-Moments

All healthcare facilities

(Audit 2, 2009 - Audit 2, 2017)



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Changes in HHC per HCW group

All healthcare facilities

(Audit 2, 2009 - Audit 2, 2017)



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- Central HH database
- New direct-entry HH compliance App – i-Phones, other Smart-devices



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 - i-Phones, other Smart-devices
 - Benefits:
 - Reduces data management time by 50%
 - No duplicate data entry and errors
 - Mobile devices common and cheap
 - Flexible reporting options
 - Potential NZ, Israel, Hong Kong, WHO





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Cost of HHA – 2015/2016

2015 - 2016 financial year

- NHHI in maintenance/embedment phase
- Australian public and private hospitals:
 - 10.6 million patient hospitalisations ("separations")
 - 29,846,000 hospital patient-days
- HHA annual budget = AUD \$643,246
- Equivalent to an annual cost nationally of:
 - 2.2 cents per inpatient-day OR
 - 6.1 cents per patient hospital admission



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Results

Impact on healthcare-associated S. aureus bacteraemia rates















iated S. aureus bacteraemia rates





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Poisson regression:

Incidence rate ratio = 0.85 (95% CI, 0.79 - 0.93)

For every 10% increase in HH compliance, the incidence rate of healthcare-associated SAB decreases by 15% (relative reduction)





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Hand hygiene compliance



Results HA-SAB rates *vs* HH compliance per site







Results

HA-SAB rates vs HH compliance per site Delta analysis









Community Engagement & Politics























backwards and

fingers of right hand in

left palm and vice versa



Rotational rubbing Rotational rubbing of right thumb clasped in left palm forwards with clasped and vice versa

fingers interlaced

5

infection:



infections, including methicillin-resistant Staphylococcus aureus (MRSA). Frequent and appropriate handwashing is a key principle to avoiding contamination. Here is a guide to effective handwashing and some useful tips for avoiding the spread of

- · Hands should be washed with soap and water or alcohol hand-rub using the correct technique before and after procedures and contact with patients.
- Disposable gloves and aprons should be worn for contact with body fluids, lesions and contaminated materials (wash hands after use).
- If taking a uniform home to clean, a hot wash should be used and the washing machine should not be overloaded.
- Linen should be handled carefully (not shaken) and transported in correct colour-coded laundry bags. Soft furnishings, such as curtains, should be cleaned regularly.
- Patient areas should be uncluttered and cleaned regularly.
- Compliance with infection control policies should be monitored through audits.

Palm to palm Right palm over left back and left palm over right back

Nursing Standard helping you to protect patients and staff

Infection control



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Hand Hygiene Australia Summary

- HHA program largest & most successful worldwide
 - Currently 1017 sites 99% all acute public beds
 - >12.0M HH Moments recorded so far
- Marked improvement in national HH compliance rates
 - June 2018 85.1%
 - Medical staff 74.5%
 - $-\sim 95\%$ hospitals are "similar to" or >80%
- NHHI = marked reduction in HA-SAB rates





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Comment The Australian National Hand Hygiene Initiative:

framework for future research

In The Lancet Infectious Diseases, M Lindsay Grayson and colleagues¹ report a national campaign to promote hand hygiene compliance that has been in operation throughout Australia since 2009.

Hand hygiene plays a major part in any infection prevention programme, but securing compliance with hand hygiene protocols is notoriously difficult.² Maintaining long-term improvement is an even

challongo 3 MHO publichod

Over the past 20 years, a great deal of energy has been invested in establishing why hand hygiene compliance is poor. Early publications were based on supposition.⁵ Theories from health psychology and health education were later suggested as barriers to compliance⁶ or taken as the conceptual frameworks to underpin empirical studies.^{7,8} More recently, there has been a drive to develop theories that explain poor compliance at the level of the individual boalth worker ⁹ Put, ac early writers pointed out¹⁰



Articles

Lancet Infect Dis 2018 Published Online September 28, 2018

http://dx.doi.org/10.1016/ S1473-3099(18)30598-X See Online/Articles

http://dx.doi.org/10.1016/ 51473-3099(18)30491-2





The solution:

Controlling AMR in Hospitals 4 Key Infection Control Interventions

National standards for:

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- 3. Invasive device insertion and maintenance
- 4. Improved hospital design





Journal of Hospital Infection 82 (2012) 234-242



Available online at www.sciencedirect.com

Journal of Hospital Infection

journal homepage: www.elsevierhealth.com/journals/jhin



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^f Department of Medicine, University of Melbourne, Parkville, Victoria, Australia









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• Fundamental change in approach is needed



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• Fundamental change in approach is needed

Would you treat a cancer without knowing whether:

- A. Is it actually a cancer?
- B. What type of cancer it is?





• Fundamental change in approach is needed



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• Fundamental change in approach is needed

New "rules":

- 1. Always test before treating routine
 - How do we build this into our health system?
 - Routine microbiology TATs, consistency of reports
 - Rapid diagnostics = important research item





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 - Rapid diagnostics = important research item
- 2. Is the dose correct?





• Are we sure the drug levels are adequate?



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- Are we sure the drug levels are adequate?
 - Serum levels
 - At site of infection



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Problem areas – "sanctuary sites":

- Brain
- Bone
- Prostate
- Eye
- Abscesses



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- Are we sure the drug levels are adequate?
 - Serum levels
 - At site of infection

How often do we even think to check? What options do we currently have to measure levels?





"Dumb" clinical behaviour



Electronic Estimations of Renal Function Are Inaccurate in Solid-Organ Transplant Recipients and Can Result in Significant Underdosing of Prophylactic Valganciclovir

J. Trevillyan,^a P. Angus,^{b,e} E. Shelton,^b J. Whitlam,^c F. Ierino,^{c,e} J. Pavlovic,^b D. Gregory,^c K. Urbancic,^a J. Torresi,^{a,e} A. Testro,^{b,e} M. L. Grayson^{a,d,e}

Infectious Diseases,^a Gastroenterology,^b and Nephrology^c Departments, Austin Health, Heidelberg, Victoria, Australia; Department of Epidemiology and Preventive Medicine, Monash University, Melbourne, Australia^d; Department of Medicine, University of Melbourne, Victoria, Australia^e

In a prospective study of solid-organ transplant recipients (n = 22; 15 hepatic and 7 renal) receiving valganciclovir for cytomegalovirus (CMV) prophylaxis, electronic estimation of glomerular filtration rate (eGFR) underestimated the true GFR (24-h urine creatinine clearance) by >20% in 14/22 (63.6%). Its use was associated with inappropriate underdosing of valganciclovir, while the Cockroft-Gault equation was accurate in 21/22 patients (95.4%). Subtherapeutic ganciclovir levels (≤ 0.6 mg/liter) were common, occurring in 10/22 patients (45.4%); 7 had severely deficient levels (< 0.3 mg/liter).



?

- Are we sure the drug levels are adequate?
 - Serum levels
 - At site of infection

How often do we even think to check What options do we currently have t







Practical Antimicrobial Stewardship New "Rules"

- 1. Always test before treating routine
 - How do we build this into our health system?
 - Routine microbiology TATs, consistency of reports
 - Rapid diagnostics = important research item
- 2. Is the dose correct?
 - Always measure drug levels in complex infections
 - How do we improve testing capacity?





Practical Antimicrobial Stewardship New "Rules"

- 1. Always test before treating routine
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- 2. Is the dose correct?
 - Always measure drug levels in complex infections
 - How do we improve testing capacity?
- 3. Reassess the impact of mass treatment programs





? Impact of mass treatment programs on AMR

- Azithromycin
 - Children



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? Impact of mass treatment programs on AMR

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Azithromycin to Reduce Childhood Mortality in Sub-Saharan Africa

J.D. Keenan, R.L. Bailey, S.K. West, A.M. Arzika, J. Hart, J. Weaver, K. Kalua, Z. Mrango, K.J. Ray, C. Cook, E. Lebas, K.S. O'Brien, P.M. Emerson, T.C. Porco, and T.M. Lietman, for the MORDOR Study Group*

N Engl J Med 2018;378:1583-92.







? Impact of mass treatment programs on AMR

- Azithromycin
 - Children
 - Chronic pulmonary disease
- Rifaximin end-stage liver disease; other
- Oral vancomycin primary sclerosing cholangitis
- Fluoroquinolones SBP




Practical Antimicrobial Stewardship

? Impact of mass treatment programs on AMR

- Azithromycin
 - Children
 - Chronic pulmonary disease
- Rifaximin end-stage liver disease; other
- Oral vancomycin primary sclerosing cholangitis
- Fluoroquinolones SBP
- ? Impact of empiric syndromic treatment campaigns





Practical Antimicrobial Stewardship



• Oral vancomycin – primary sclerosing cholangitis



comic treatment campaigns





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Practical Antimicrobial Stewardship



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WHO and CDC Four "pillars" of AMR control

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Improving AMR surveillance

Humans – hospitals:

- Standardise screening:
 - High-risk patients
 - Returned travellers
 - Build this into hospital budgets
- MDR pathogens need to become "Notifiable"





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Animals & Agriculture:

- Many unanswered questions:
 - What is the optimal specimen ?food





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Animals & Agric

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 - What is the or



Antimicrobial Resistance and Infection Control

RESEARCH



Superbugs in the supermarket? Assessing the rate of contamination with thirdgeneration cephalosporin-resistant gramnegative bacteria in fresh Australian pork and chicken

Jade E. McLellan¹⁺, Joshua I. Pitcher¹⁺, Susan A. Ballard², Elizabeth A. Grabsch², Jan M. Bell³, Mary Barton⁴ and M. Lindsay Grayson^{1,2,5*}

Abstract

Background: Antibiotic misuse in food-producing animals is potentially associated with human acquisition of multidrug-resistant (MDR resistance to \geq 3 drug classes) bacteria via the food chain. We aimed to determine if MDR Gram-negative (GNB) organisms are present in fresh Australian chicken and pork products.

Methods: We sampled raw, chicken drumsticks (CD) and pork ribs (PR) from 30 local supermarkets/butchers across Melbourne on two occasions. Specimens were sub-cultured onto selective media for third-generation cephalosporin-resistant (3GCR) GNBs, with species identification and antibiotic susceptibility determined for all unique colonies. Isolates were assessed by PCR for SHV, TEM, CTX-M, AmpC and carbapenemase genes (encoding IMP, VIM, KPC, OXA-48, NDM).

Results: From 120 specimens (60 CD, 60 PR), 112 (93%) grew a 3GCR-GNB (n = 164 isolates; 86 CD, 78 PR); common species were Acinetobacter baumannii (37%), Pseudomonas aeruginosa (13%) and Serratia fonticola (12%), but only one E. coli isolate. Fifty-nine (36%) had evidence of 3GCR alone, 93/163 (57%) displayed 3GCR plus resistance to one additional antibiotic class, and 9/163 (6%) were 3GCR plus resistance to two additional classes. Of 158 DNA specimens, all were negative for ESBL/carbapenemase genes, except 23 (15%) which were positive for AmpC, with 22/23 considered to be inherently chromosomal, but the sole E. coli isolate contained a plasmid-mediated CMY-2 AmpC.

Conclusions: We found low rates of MDR-GNBs in Australian chicken and pork meat, but potential 3GCR-GNBs are common (93% specimens). Testing programs that only assess for E. coli are likely to severely underestimate the diversity of 3GCR organisms in fresh meat.

Keywords: Infection, Antibiotic resistance, Foodborne



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Improving AMR surveillance

Humans – hospitals:

- Standardise screening:
 - High-risk patients
 - Returned travellers
 - Build this into hospital budgets
- MDR pathogens need to become "Notifiable"

Animals & Agriculture:

- Many unanswered questions:
 - What is the optimal specimen ?food
 - ? Safety of imported foods especially seafood

Need for a standardised national surveillance program – local and imported foods





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Large US and European Pharmaceutical Companies Conducting Antibacterial Research

1980 (N=36)	Miles
Abbott	Parke Davis
Astra	Pfizer
Ayerst	Pharmacia
Bayer	Proctor & Gamble
Beecham	Rhone-Poulenc
Bristol-Myers	Rorer
Burroughs	Roche
Ciba-Geigy	Roussel
Dow	Sandoz
DuPont	Sanofi
Glaxo	Schering
Hoechst	SmithKline
ICI	Squibb
Lederle	Uniohn
Lilly	Warner-I ambert
Marion	Wellcome
Merck	Wyoth
Merrell	wyelli

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1980 (N=36) Abbott Astra Averst **Bayer Beecham Bristol-Myers Burroughs Ciba-Geigy** Dow DuPont Glaxo Hoechst ICI Lederle Lilly Marion Merck Merrell

Novartis 1998 (N=20) Parke Davis **Abbott** Pfizer Astra Pharmacia & Upjohn **Bayer Rhone-Poulenc Rorer Bristol-Myers Squibb** Roche **Glaxo Wellcome** Sanofi **Hoechst Marion Roussel** Schering Johnson & Johnson SmithKline Beecham Lilly Wyeth-Ayerst Merck Zeneca SmithKline Squibb Upjohn Warner-Lambert Wellcome Wyeth

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Glaxo Hoechst ICI Lederle Lilly Marion Merck Merrell	AstraZe Glaxo S (Johnso (Merck-	2010 (N=4 eneca smithKline on & Johnson) Schering Plough)	to 7) Novartis (Pfizer - Sanofi- <i>I</i>	s Wyeth) Aventis	



Figure 1. New systemic antibacterial agents approved by the US Food and Drug Administration per 5-year period, through 2012. Modified from Spellberg 2004 [23].



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Houston, we have a problem!







New antimicrobial development

• Patchy advances:

Class	Progress
Antivirals	Good (HIV, viral hepatitis, influenza)
Antifungals	Reasonable, but more needed due to an increasingly immune-compromised population
Antiparasitic	Limited - human and animals
Antibiotics	Poor

- Incentives
- Current drugs too cheap





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Antibiotics	Poor

- Incentives
- Current drugs too cheap
- ?Tax current agents to provide development funding





New Antibiotics

- BLA-BLA-inhibitor combinations
- New classes Anti-siderophore agents
- None with good activity against NDM-type resistance



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New Antibiotics

- **BLA-BLA-inhibitor combinations**
- New classes Anti-siderophore agents

No	Articles	
	CrossMark	Discovery, research, and development of new antibiotics: the WHO priority list of antibiotic-resistant bacteria and tuberculosis
		Evelina Tacconelli, Elena Carrara*, Alessia Savoldi*, Stephan Harbarth, Marc Mendelson, Dominique L Monnet, Céline Pulcini, Gunnar Kahlmeter, Jan Kluytmans, Yehuda Carmeli, Marc Ouellette, Kevin Outterson, Jean Patel, Marco Cavaleri, Edward M Cox, Chris R Houchens, M Lindsay Grayson, Paul Hansen, Nalini Singh, Ursula Theuretzbacher, Nicola Magrini, and the WHO Pathogens Priority List Working Group†
TY OF	Lancet Infect Dis 2018: 18; 318-27 Published Online	Summary Background The spread of antibiotic-resistant bacteria poses a substantial threat to morbidity and mortality worldwide. Due to its large public health and societal implications, multidrug-resistant tuberculosis has been long regarded by WHO as a global priority for investment in new drugs. In 2016, WHO was requested by member states to create a



December 21, 2017 http://dx.doi.org/10.1016/

priority list of other antibiotic-resistant bacteria to support research and development of effective drugs.

New Antibiotics

- BLA-BLA-inhibitor combinations
- New classes Anti-siderophore agents
- None with good activity against NDM-type resistance
- Reassessing older agents:
 - Colistin
 - Fosfomycin
 - Fusidic acid





Need to get the basics right or we will once again be effectively.....

- Reassessing older agents:
 - Colistin
 - Fosfomycin
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Need to get the basics right or we will once again be effectively.....









Need to get the basics right or we

We need the Antibiotic Guidelines more than ever!







& HEALTH SCIENCES Predicting the future of the Antibiotic Guidelines

Greater emphasis on:

- Having an accurate diagnosis
 - Less syndromic prescribing
- Appropriate dosage to ensure efficacy
 - Real-time measurement of drug levels all agents



Predicting the future of the Antibiotic Guidelines

Greater emphasis on:

- Having an accurate diagnosis
 - Less syndromic prescribing
- Appropriate dosage to ensure efficacy
 - Real-time measurement of drug levels all agents
- Enhanced role of vaccination to prevent AMR
 - But vaccination really only helps with 1 of the 4 infection groupings



Dradiating the future of the

Four broad bacterial infection categories:

- 1. Skin & soft-tissue
- 2. Respiratory/meningitis****
- 3. STDs
- 4. Gut-related impact of contaminated food
- Real-time measurement of drug levels -
- Enhanced role of vaccination to prev
 - But vaccination really only helps with 1 of the 4 infection groupings

AMR



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Predicting the future of the Antibiotic Guidelines

Greater emphasis on:

- Having an accurate diagnosis
 - Less syndromic prescribing
- Appropriate dosage to ensure efficacy
 - Real-time measurement of drug levels all agents
- Enhanced role of vaccination to prevent AMR
 - But vaccination really only helps with 1 of the 4 infection groupings
- Dealing with the challenges:
 - Obesity (correct dose; tissue penetration; diabetes)
 - Increase in immune-compromised patients
 - Selective immunosuppression associated with "MABs"
 - Increase in specific infections linked to specific chemo agents
 - Loss of entire drug classes





Cover of future Antibiotic Guidelines





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Cover of future Antibiotic Guidelines











Cover of future Antibiotic Guidelines



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What is in the future without Antibiotics?





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Courtesy of the Institut Pasteur, 2001

